

# Meals from the Heartland

**Help us package meals to feed the hungry!**

**Date:** Saturday, January 13, 2018

**Itinerary (all times approximate):**

**Meet time:** 8:45AM (our shift is 9:00-11:00AM)

**Location:** Meals from the Heartland  
Patty Cownie Packaging Center  
357 Lincoln Street  
West Des Moines

**Depart:** 11:15AM

**Destination:** Lunch location TBD

**Arrive:** 11:30PM

**Depart:** 1:00PM

**Questions?**

**Call or Email**

**Kris Howard**

**515-975-6696**

**[Fourhowies@gmail.com](mailto:Fourhowies@gmail.com)**



*Located one block south of Railroad Avenue on Lincoln Street,  
west of 63<sup>rd</sup> Street/1<sup>st</sup> Street, second driveway on the right*

**FOUR COMMUNITY SERVICE POINTS**

*for participating in the meal packaging event*

**FOUR PARTY POINTS**

*for joining in on lunch afterwards*